

Communicating and Conflict
CMST 3600
Fall 2018

Instructor: Clair Canfield

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Office: Old Main 002G

Office Hours: flexible hours by appointment.

Course Readings

- Arbiner Institute. (2015). *The anatomy of peace: Resolving the heart of conflict*.
- Palmer, P. J. (2008). *A hidden wholeness: The journey toward an undivided life: welcoming the soul and weaving community in a wounded world*.
- Additional online readings available through canvas

Overview

It is through communication that conflict is expressed, escalated, managed, mediated, negotiated, and transformed. Conflict management is the most complex of communication processes and is crucial to the success of our interpersonal and professional relationships. Developing the awareness, skills and approach necessary to competently manage this process is the primary purpose of this course.

What to expect

Conflict is a process. As such, it is messy, unpredictable, fluid, and full of ambiguity. Process is difficult to understand merely as a cognitive idea. Process is best understood by experiencing it. I will be teaching this class with a focus on process. For that reason course assignments, discussions, readings, and other elements of the class will come with a certain degree of ambiguity in regards to due dates and details. Although that can create uncertainty for everyone involved I am committed to focusing the class on what you need in each emerging moment. Uncertainty often feels uncomfortable, for some it can even be terrifying. Expect to experience some discomfort and to feel strong emotions – you will not be without support for what you are experiencing. Process is difficult, and it is through that struggle that growth and transformation occurs.

This course will be guided by core principles, which will be reflected in how the class unfolds. You will see these principles reflected in how assignments are negotiated, discussions are facilitated, and assessment is addressed.

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- ***Self-determination:*** I respect and support your ability to be the central determining factor in your education. I will strive to meet you where you are at and help you accomplish the goals and desires you have for learning in this class. I will encourage your growth and you will decide what that growth will entail.
- ***Respect:*** Conflict by nature can be controversial and at times threaten our sense of identity and focus attention on some of our strongest beliefs and values. Expressing differences while still respecting the choices of others is critical to creating a classroom environment that is safe for everyone to learn. Please be mindful of yourself and others by actively participating in making the classroom safe. Come prepared, be conscious of possible distractions to myself or others, and engage openly in the classroom discussions.
- ***Willingness:*** You will be engaging in communicative processes that may be uncomfortable and emotionally triggering. You will be asked to reflect on your current and past communication patterns analyzing those experiences for areas that you may need to improve. You will likely make mistakes...lots of them. I do not ask for immediate mastery of these skills, I ask only for your willingness to engage yourself fully in the process.

Course Assignments

Because of the process focused aspect of this class course assignments and assessment will be discussed and negotiated to best meet the needs and direction for growth the class has. This will be a writing intensive course that will require a significant level of self-reflection. What form that writing takes will be discussed as the need may arise. Refer to canvas for more details. Some of the possible forms of assessment may include:

- Discussion Threads
- Exams
- In-class and out of class writing assignments

Your work will be assessed not just on your understanding of the material but primarily on your ability to reflect, analyze, and describe how you are *applying* course concepts. I am interested in the depth and detail of your experiences and learning. I recognize that the form and feel of this class may be distinctly different from what you have become accustomed to in your studies. Please do not hesitate to address concerns or difficulties you may be facing. I am willing to explore those issues with you as a class or individually. I look forward to taking this journey with you.

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University Policies

If there is a campus closure class will be coordinated through canvas.

The Americans with Disabilities Act

Students with ADA-documented impairments may be eligible for reasonable accommodations. Veterans may also be eligible for services. Accommodations are coordinated through DRC in Room 101 of the University Inn, 7-2444 voice, 7-0740 TTY, or toll free at 1-800-259-2966. Please contact DRC as early as possible. Alternate format materials (Braille, large print or digital) are available with advance notice.

Academic Misconduct

In accordance with university policy (as articulated in the Student Code, see: <http://www.usu.edu/student-services/pdf/StudentCode.pdf#page=4>), academic misconduct—including cheating, fabrication, and plagiarism of written or spoken work—is not tolerated in this course. Do not present or turn in work for this class that you have turned in for other classes. You do not have my permission to submit work from this class to fulfill requirements in other classes. Plagiarism is submitting/presenting someone else's work as your own as well as quoting others without giving credit. Any quotation or paraphrasing of sources must be cited in text as well as orally during your speeches. Plagiarism can result in an F for the assignment, an F for the course, and other disciplinary measures. If at any time you are unsure whether your actions constitute academic misconduct, please see the instructor in order to clarify the matter.